

LOVE IS A CHOICE, LOVE MAKES THE DIFFERENCE

If you chose to love in your partner's "language" you'll find a lot of benefits. It can help you recover from old wounds, give you certainty and self-confidence, make you find the real meaning of your existence.

But an instinctive falling in love is quite different from choices made in order to satisfy our partner's deep emotional needs.

Our love reserve can be almost empty, and we don't know why. Maybe we don't arrive to wound our partner, nevertheless we chose many inadequate ways for satisfying his/her needs.

Value thoughts and actions carefully, at the light of your unsatisfied needs. Which better way for making your needs satisfied? Would you be available to spend two months for proving the old proverb: "Give, and it will be given to you"? Why don't you start today and see what happens?



from: GARY CHAPMAN, *I cinque linguaggi dell'amore*
(The 5 Love Languages), ELLEDICI

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LET'S EDUCATE THE COUPLE THROUGH THE COUPLE

Insert of the magazine "Educators of Life Skills"

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... WHY LOVE IS A TEMPORARY
SENTIMENT...

What's
the
difference
between **LOVING**
and **BEING**
IN LOVE?



HOW SHALL WE LIVE THIS DIFFERENCE?

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TOO many are those who decide to marry after falling in love, in the persuasion that the object of their love is a perfect person.

Besides being thoroughly blind in front of any imperfection, they are also persuaded that nobody on the face of the earth is so much in love as they are, and nobody can love so deeply as they do.

But as times goes by, they'll open their eyes, of course, and start seeing their partners as they really are.

And, unfortunately, most of them stop loving each other, and that's how many experiences of "falling in love" come to an end.

This is the wrong way to start a couple relationship: seeking for a fleeting feeling that can only being lived in the first times, when just engaged or just married.

But mind! A less intense feeling doesn't mean a less important love.

Many young people today decide to live with their partners in the wave of this initial enthusiasm, and by so doing they make their parents suffer a lot.



True love is something different. It means putting the partner's needs at the first place, and his/her improving and self-fulfillment becomes the first wish. True love is an exchange of love between two partners.

We live a true marriage, if we find a partner that chooses to love us. When this happens, we feel happy of accepting our partner's

Each partner must discover the other's love language and learn to speak it.

Their love will give their children self-confidence and a stronger feeling of being loved.



Falling in love is a temporary feeling. It's a primitive, emotional and irrational feeling.

love, we feel that our partner can take advantage from our love and think it's ok making him/her happy in turn. This kind of love needs engagement and sacrifice.



Many couples, when the spurring initial feelings of their "falling in love" fade, start wondering: "Am I still in love with the person I married?"

At that point they must decide: either making their marriage really work, and taking care of their partner in spite of all, or letting their relationship simply go on.

You might be thinking: «*But all this sounds too complicated. Can love be a thoughtful and reflective attitude?*».



Some couples love and appreciate fire works:

this is not wrong, of course. Such an attitude in a couple's life can sometimes be winning. But not always.

Anyway **our partner** will have to nourish our need of love day after day, and he/she can only do it **if he/she speaks of love to us in a language we do understand. Only in this way the emotional heat of a falling in love will come back again.**

Not the obsessing and irrational ardour of the first times, but something much more important: **the deep inner feeling of being really loved by our partner.**

Then both partners will know that they come at the first place in each other's life, that they respect, admire and appreciate each other as persons. And all this make them wish to go on living together, in a deep and intimate relationship.



This is the kind of marriage everybody dreams of, and it can become a reality **if the partners learn to speak to each other in the love language the other can understand.**

By so doing, they will become better parents too, working together for giving their children self-confidence and a stronger feeling of being loved. **how to educate**

FILES 11 e 12 explain how this can happen in the different love languages.