

**be an essential tool for communicating.** When one writes one must:

- ✓ reflect, for organizing one's thoughts and emotions;
- ✓ use fancy and poetic similes.

A letter can be much more helpful than a vocal arguing.



**A CRAZY NIGHT.** In a romantic restaurant or a "piano-bar". Just for demonstrating that a crazy evening with your group of friends and your routinary life as a couple are not incompatible.

**Even a couple can,** now and then, go out for a good meal, drink a little, and, once tipsy, sing in the street and **say silly things!**



**LOVE.** Love must be built up in time, just like a house. And like a house it needs:

- ✓ a project, and solid foundations in order to have comfortable rooms for everybody's needs and for shared moments;
- ✓ a good heating plant (...a lot of **cuddling!**) and small nice, even unuseful, things.

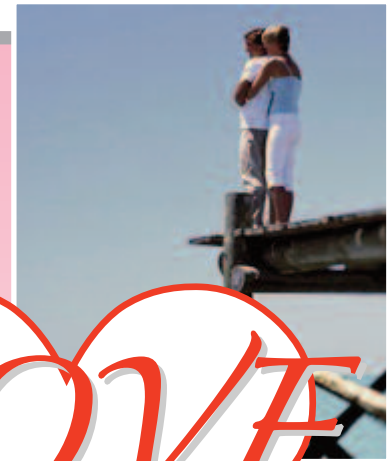
**In a couple loving each other means being available to devote to each other.** We still have so much selfish waste we must get rid of, day after day... **how to educate**

**...this is the only way to let LOVE grow.  
FOR ALL YOUR LIFE!**

from: *Dimensioni nuove (New Dimensions)*, monthly magazine, Elledici,  
article by OTTAVIO LOSANA



**A FEW HINTS  
FOR KEEPING  
YOUR LIAISON  
ALIVE...**



I'll **LOVE**  
you for  
**ever!**

**HOW TO LIVE AN  
EVERLASTING LOVE**

**Separations and divorces** are increasing in a worrying way. Many times **the crisis comes with no precise reasons**, but only for a progressive wear and tear.

WHAT can a couple do for avoiding their liaison become boring and sad in the everyday routine, and come to an end?

A formula for happiness hasn't been invented yet; each love story is personal, and others' experience is no use.

Nevertheless, maybe **some advice** for keeping a liaison lively can be given. **Just eight key words to reflect about:**

## HINTS FOR AVOIDING A LIAISON TO BECOME REPETITIVE AND BORING.

1.

**EMOTION.** Mutual faithfulness is grounded on emotion. But in our modern life, so bombarded with advertisement as it is, giving rise to an emotion seems to be quite difficult.

On the other hand, a continuous emotional tension would be stressing, and therefore would have an opposite effect.

But strong emotions **can be raised now and then**, like for instance **an unforgettable day or evening**. A surprise can be very important. So try to:

- ✓ plan for his birthday a trip to that place he has always wished to visit;
- ✓ on your anniversary, present her with a puppy, the exact copy of Stella, the dog she owned when she was a child.

If your liaison is solid and you know each other well, you will find out many different situations that can raise emotions.

2.

**CONFESSION.** Nothing is more touching than a confession and a repentance. **Confessing a sin means** revealing one's soul; the couple reaches a better knowledge of each other **and a deeper communion**.

But mind! Chose carefully the subject of your confessions. Never discuss about:

- ✓ your partner's honor,
- ✓ her look,
- ✓ his sexual performances.



3.

**SURPRISE.** We all need sure reference points, but what's the purpose of getting up every morning

at 7.30, washing themselves at 8, speaking on the phone together at 12, coming back home at 19.45, bidding goodnight to each other every night at the same time and in the same way?

In such a repetitive routine, the risk of looking for innovation with a beautiful blond girl or a handsome colleague is very high.

**Everyday routine must be interrupted with a surprise, now and then**, even a small one, like:

- ✓ let's exchange our places when we eat (psychologists maintain that it is quite important);
- ✓ let's spend our evenings in unusual, unplanned ways;
- ✓ let's give each other small presents, even if it is not a codified occasion.

4.

**MEMORIES.** Sometimes even "awkward" situations can become sweet common memories, provided they are managed in the right way, without accusing each other. Sweet memories can become the glue that, in critical moments, **keep the couple together**.

5.

**MAKING A SCENE.** It's a desperate device she might use in critical moments, instead of maintaining a stubborn silence or slamming the door. Try hissing him «Get off, silly idiot!». Better if your blouse is unbuttoned and your voice quite sensual. It might work!

6.

**THE LETTER.** In this era of mobiles that have destroyed any occasion of reflection in a couple, **taking a pen and writing a letter might turn out to**



Love must be built up in time and on solid grounds.