

3° Consider your liaison as a valuable objective to be aimed at.

We might say that living as a couple means **“being allied to each other”**. Quite the opposite of the “either me or you” that sometimes creeps into human relationships, and in extreme cases takes to the dramatic statement “mors tua, vita mea”, that is if I want to live, I must eliminate the other person in any way.

On the contrary, when living as a couple **each partner must take care of the other one, and the subject becomes “we”, while personal interests come after**, in order to reach a more valuable common objective.



We must acknowledge our partner's positive values.

4° Try to reach together what is best, trusting each other.

When one partner puts the liaison at the first place, **the other partner is spurred to express the best of him/herself as well**. And in this climate of mutual trusting and acceptance **the couple is more and more happy and satisfied**. how to educate

... Now perhaps you are wondering: “Does it really work? Shall we really have a long-lasting liaison if we do like this?”. You'd better try!

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from: *Dimensioni nuove (New Dimensions)*, monthly magazine, Elledici, article by MARIA POETTO

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LET'S EDUCATE THE COUPLE THROUGH THE COUPLE

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ilgrandeducatore@gmail.com

A COUPLE
RELATIONSHIP
STARTS AS A
ROCK PIECE,
BUT WITH TIME
RISKS TO
BECOME A **LENTO**.



The project
OFLIVING
together
WHICH IS THE ESSENTIAL
INGREDIENT
FOR A LONG-LASTING LIAISON?

ON the basis of a research about more than one hundred couples that succeeded in keeping a satisfactory love relationship, researchers have indicated what is necessary for staying together and overcoming critical periods.

It can't be a universal formula, of course, anyway **each partner must put the other at the centre of his/her own life.** This gives the partner certainty and self-confidence. Even from this point of view sex has a significant and important role.

In a word, the secret for a long-lasting love is acknowledging that a liaison is a priority in life.



Life as a couple: a precious gift that must be defended.

THE FOUR FUNDAMENTAL POINTS FOR A LONG-LASTING LIAISON...

Smile to each other. One single smile is sometimes enough for a whole week!

1° Express the best of yourselves.

Once a couple has implemented its project of living together and having a family, after some time it must face the problems deriving from habit, children, work. So the relationship, that was *rock* at the beginning, risks to become a *lento*.

If the couple wants to overcome these difficulties, it must **understand that a couple liaison is a precious gift, that has to be defended, protected, and for which it's worth engaging themselves and even struggling, if necessary.**

This concept can be implemented in different ways.

2° Defend your liaison.

First of all it is necessary to acknowledge each other's positive values, and consequently the positive value of the couple relationship. This will allow to be understanding and kind, even when quarreling.

He can wait until her fit of anger for the untidy house is over; he puts things in order and postpones his explanations until the calm has come back; she tries to overcome many small differences concerning their points of view.

For doing all this, dialogue is extremely important. It is essential for important matters, but it is also useful for avoiding small quarrels about tiny things. In a word, the couple must be mature enough for **looking beyond the specific situation and defending not their single interests, but the couple relationship they are sharing together.**

